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BLOG

PTSD After Service: A Guide for Veterans and Families

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Signs to Notice

- Nightmares that keep coming back
- A temper that flares fast
- Scanning every room you enter

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Places to Start

- Apply for VA health care
- A Vet Center if you served in a combat zone
- Our team by video anywhere in SC

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For Families

- Help them get the right diagnosis
- Offer patience and encouragement
- Seek care of your own too

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Read the full article

After Military Service: PTSD Care in South Carolina

hopebehavioralmedicine.com

(843) 737-0312

General information, not medical advice. Your provider can tell you what is right for you. Veterans can dial 988 and press 1. If you are struggling, call or text 988.